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# Chipped Beef Cheese Ball

*Mary Thomas West*

*Party Recipes from the Charleston Junior League - 1993*

**1 jar shredded dried chipped beef, finely chopped**  
**8 ounces cream cheese, room temperature**  
**1 medium onion, diced**  
**1 medium green bell pepper, diced**  
**1 cup grated sharp Cheddar cheese**  
**chopped walnuts or pecans**

In a medium-size bowl, combine the chipped beef, cream cheese, onion, bell pepper and Cheddar cheese. Mix well.

Form the mixture into a ball. Roll in the chopped nuts to cover.

Yield: 8 to 10 servings

## **Appetizers**

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*Per Serving (excluding unknown items): 866 Calories; 79g Fat (80.8% calories from fat); 19g Protein; 23g Carbohydrate; 4g Dietary Fiber; 249mg Cholesterol; 676mg Sodium. Exchanges: 2 1/2 Lean Meat; 3 Vegetable; 14 1/2 Fat.*