

Shrimp-Cheddar Ball

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Silverdale Chamber Of Commerce Favorite Recipes - 1991

*1/2 pound sharp cheddar
cheese, shredded
1/2 cup mayonnaise
1 can shrimp, drained
2 tablespoons onion, grated
1 teaspoon Worcestershire
sauce
dash tabasco sauce
1/8 tablespoon garlic salt
chopped parsley*

In a bowl, blend the cheddar cheese,
mayonnaise, shrimp, onion, Worcestershire,
tabasco and garlic salt.

Form into a ball. Roll in parsley.

Per Serving (excluding unknown
items): 1722 Calories; 169g Fat
(85.4% calories from fat); 59g
Protein; 6g Carbohydrate; 1g
Dietary Fiber; 286mg Cholesterol;
2830mg Sodium. Exchanges: 8
Lean Meat; 1/2 Vegetable; 18 Fat;
0 Other Carbohydrates.