

Basil-Prosciutto Ball

*All-Time Favorites 2012 Cookbook
Better Homes and Gardens Magazine*

Yield: 2 cups

1 package (8 ounce) cream cheese
1 cup (4 ounces) Fontina cheese,
finely shredded
1/4 cup butter
1 tablespoon milk
1/2 teaspoon Worcestershire sauce for
chicken
2 tablespoons green onion, thinly
sliced
2 tablespoons snipped fresh basil
2 ounces prosciutto, chopped
1/2 cup toasted pine nuts, coarsely
chopped
apple wedges, assorted crackers
and/or flatbread

Preparation Time: 35 minutes

Chill: 4 hours

In a large bowl, let the cream cheese, shredded cheese and butter stand at room temperature for 30 minutes.

Add the milk and Worcestershire sauce. Beat with an electric mixer on medium until light and fluffy. Stir in the green onion, basil and prosciutto. Cover and chill for 4 to 24 hours.

Before serving, shape the mixture into a ball. Roll in the nuts and let stand for 15 minutes.

Serve with apple wedges and/or crackers.

Per Serving (excluding unknown items): 1760 Calories; 166g Fat (83.9% calories from fat); 62g Protein; 10g Carbohydrate; trace Dietary Fiber; 546mg Cholesterol; 3555mg Sodium. Exchanges: 8 Lean Meat; 0 Vegetable; 0 Non-Fat Milk; 28 Fat.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	1760	Vitamin B6 (mg):	.4mg
% Calories from Fat:	83.9%	Vitamin B12 (mcg):	3.4mcg
% Calories from Carbohydrates:	2.2%	Thiamin B1 (mg):	.4mg
% Calories from Protein:	14.0%	Riboflavin B2 (mg):	.9mg
Total Fat (g):	166g	Folacin (mcg):	50mcg
Saturated Fat (g):	102g	Niacin (mg):	3mg
Monounsaturated Fat (g):	48g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	7g	Alcohol (kcal):	0
		% Refuse:	n n%

Cholesterol (mg):	546mg
Carbohydrate (g):	10g
Dietary Fiber (g):	trace
Protein (g):	62g
Sodium (mg):	3555mg
Potassium (mg):	706mg
Calcium (mg):	825mg
Iron (mg):	4mg
Zinc (mg):	7mg
Vitamin C (mg):	2mg
Vitamin A (i.u.):	6378IU
Vitamin A (r.e.):	1817 1/2RE

Food Exchanges

Grain (Starch):	0
Lean Meat:	8
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	28
Other Carbohydrates:	0

Nutrition Facts

Amount Per Serving

Calories 1760 **Calories from Fat:** 1476

% Daily Values*

Total Fat 166g	255%
Saturated Fat 102g	511%
Cholesterol 546mg	182%
Sodium 3555mg	148%
Total Carbohydrates 10g	3%
Dietary Fiber trace	1%
Protein 62g	
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Vitamin A	128%
Vitamin C	4%
Calcium	83%
Iron	22%

* Percent Daily Values are based on a 2000 calorie diet.