

# Cheese Bonbons

Eleanor K. Brandt - Arlington, TX  
Southern Living - 1987 Annual Recipes

## Yield: 36 bonbons

2 packages (8 ounce ea) cream cheese,  
softened  
1/4 cup crumbled blue cheese  
1/4 teaspoon curry powder  
3 tablespoons Madeira wine  
minced peanuts  
toasted sesame seeds

In a medium mixing bowl, combine the cream cheese, blue cheese, curry powder and wine. Beat at medium speed of an electric mixer until well blended.

Cover the mixture and chill thoroughly.

Shape the mixture into thirty-six one-inch balls.

Roll the balls in peanuts or sesame seeds.

Serve with crackers.

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Per Serving (excluding unknown items): 1740 Calories; 172g Fat (87.4% calories from fat); 42g Protein; 13g Carbohydrate; trace Dietary Fiber; 534mg Cholesterol; 1842mg Sodium. Exchanges: 0 Grain(Starch); 6 Lean Meat; 31 Fat.

Appetizers

## Per Serving Nutritional Analysis

Calories (kcal):	1740	Vitamin B6 (mg):	.3mg
% Calories from Fat:	87.4%	Vitamin B12 (mcg):	2.4mcg
% Calories from Carbohydrates:	3.0%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	9.6%	Riboflavin B2 (mg):	1.0mg
Total Fat (g):	172g	Folacin (mcg):	74mcg
Saturated Fat (g):	108g	Niacin (mg):	1mg
Monounsaturated Fat (g):	48g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	6g	Alcohol (kcal):	0
Cholesterol (mg):	534mg	% Refuse:	n n%
Carbohydrate (g):	13g	<b>Food Exchanges</b>	
Dietary Fiber (g):	trace	Grain (Starch):	0

**Protein (g):** 42g  
**Sodium (mg):** 1842mg  
**Potassium (mg):** 649mg  
**Calcium (mg):** 551mg  
**Iron (mg):** 6mg  
**Zinc (mg):** 3mg  
**Vitamin C (mg):** trace  
**Vitamin A (i.u.):** 6870IU  
**Vitamin A (r.e.):** 2068 1/2RE

**Lean Meat:** 6  
**Vegetable:** 0  
**Fruit:** 0  
**Non-Fat Milk:** 0  
**Fat:** 31  
**Other Carbohydrates:** 0

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## Nutrition Facts

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### Amount Per Serving

**Calories** 1740                      **Calories from Fat:** 1521

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### % Daily Values\*

**Total Fat** 172g                      264%  
     Saturated Fat 108g                541%  
**Cholesterol** 534mg                178%  
**Sodium** 1842mg                    77%  
**Total Carbohydrates** 13g            4%  
     Dietary Fiber trace                1%  
**Protein** 42g

**Vitamin A**                              137%  
**Vitamin C**                              0%  
**Calcium**                                55%  
**Iron**                                      32%

\* Percent Daily Values are based on a 2000 calorie diet.