

My Moms Corn Beef Liver Pate

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Unitarian Universalist Fellowship of Vero Beach, FL 2000

*1/2 pound liverwurst
1 tablespoon prepared
mustard
1 tablespoon cider vinegar
1 can (12 ounce) corned
beef brisket
1 tablespoon minced onion
1/2 cup mayonnaise
1 package (8 ounce) cream
cheese*

Preparation Time: 15 minutes

In a food processor or blender, mix the liverwurst, mustard, cider vinegar, corned beef, onion and mayonnaise. (If using a blender, add 1/2 cup of water.)

Remove from the food processor. Mold into a loaf with your hands.

Chill.

Frost the loaf with the cream cheese.

Serve with crackers.

Per Serving (excluding unknown items): 2412 Calories; 244g Fat (88.8% calories from fat); 56g Protein; 14g Carbohydrate; 1g Dietary Fiber; 667mg Cholesterol; 3486mg Sodium. Exchanges: 8 Lean Meat; 0 Vegetable; 33 1/2 Fat; 0 Other Carbohydrates.