

**Appetizers**

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# **Peanut Butter and Banana Pinwheels**

www.peanutbutter.com

**Servings: 1**

**Start to Finish Time: 5 minutes**

**2 tablespoons Skippy creamy or super chunk peanut butter**

**1 eight-inch soft taco size whole wheat tortilla**

**1 small banana**

Evenly spread the peanut butter onto the tortilla.

Top with the banana.

Roll up the tortilla.

Cut into pieces and serve.

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Per Serving (excluding unknown items): 109 Calories; 1g Fat (4.2% calories from fat); 1g Protein; 28g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 1mg Sodium. Exchanges: 2 Fruit.