

Sausage Canape's

What's Cooking II

North American Institute of Modern Cuisine

1/4 cup mustard
6 bread slices, toasted
6 - 12 slices salami
1/3 cup mayonnaise
24 black olives, sliced

Spread the mustard on the toast. Cover with salami. Cut into canape's.

Using a pastry bag, pipe decorative lines of mayonnaise onto the canape's. Garnish with four olive slices. Serve.

Variation: Use hot mustard, ham and pimiento-stuffed olives cut into halves.

ASSEMBLING CANAPE'S: Preheat the oven to BROIL. Lightly butter the bread slices. Toast in the oven for two minutes or so per side. Add the topping. Remove the crusts to make straight, even sides. Cut each toast slice into four small, equal triangles.

Appetizers

Per Serving (excluding unknown items): 5227 Calories; 413g Fat (71.6% calories from fat); 247g Protein; 121g Carbohydrate; 8g Dietary Fiber; 1103mg Cholesterol; 20528mg Sodium. Exchanges: 5 Grain(Starch); 33 1/2 Lean Meat; 0 Fruit; 55 Fat; 0 Other Carbohydrates.

Per Serving Nutritional Analysis

Calories (kcal):	5227	Vitamin B6 (mg):	3.4mg
% Calories from Fat:	71.6%	Vitamin B12 (mcg):	59.9mcg
% Calories from Carbohydrates:	9.3%	Thiamin B1 (mg):	4.3mg
% Calories from Protein:	19.0%	Riboflavin B2 (mg):	6.2mg
Total Fat (g):	413g	Folacin (mcg):	94mcg
Saturated Fat (g):	145g	Niacin (mg):	65mg
Monounsaturated Fat (g):	181g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	66g	Alcohol (kcal):	0
Cholesterol (mg):	1103mg	% Refuse:	0%
Carbohydrate (g):	121g	Food Exchanges	
Dietary Fiber (g):	8g	Grain (Starch):	5
Protein (g):	247g	Lean Meat:	33 1/2
Sodium (mg):	20528mg	Vegetable:	0

Potassium (mg): 3568mg
Calcium (mg): 534mg
Iron (mg): 53mg
Zinc (mg): 37mg
Vitamin C (mg): 199mg
Vitamin A (i.u.): 629IU
Vitamin A (r.e.): 83RE

Fruit: 0
Non-Fat Milk: 0
Fat: 55
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 5227 **Calories from Fat:** 3745

% Daily Values*

Total Fat 413g	636%
Saturated Fat 145g	726%
Cholesterol 1103mg	368%
Sodium 20528mg	855%
Total Carbohydrates 121g	40%
Dietary Fiber 8g	33%
Protein 247g	
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Vitamin A	13%
Vitamin C	332%
Calcium	53%
Iron	296%

* Percent Daily Values are based on a 2000 calorie diet.