

Bacon, Spinach and Artichoke Dip

Aldi Test Kitchen
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nonstick cooking spray
8 slices thick-sliced hickory
bacon, diced
2 packages (9 ounce ea)
flat-leaf spinach, chopped
12 ounces artichokes,
drained and chopped
2 large eggs, beaten
1 package (8 ounce) cream
cheese, room temperature
3 cups shredded Colby
Jack cheese, divided
1 cup cottage cheese
1 1/2 teaspoons ground
black pepper
3/4 teaspoon salt
1 teaspoon garlic powder
1 teaspoon onion powder

Preheat the oven to 400 degrees.

Lightly coat an 11x9-inch baking dish with cooking spray.

In a large saute' pan over medium-high heat. Saute' the spinach in batches until wilted, about 2 minutes. Drain and set aside to cool.

In a large bowl, combine the bacon, spinach, artichoke, eggs, cream cheese, 1-1/2 cups of Colby Jack cheese, the cottage cheese, pepper, salt, garlic powder and onion powder. Stir well until blended.

Place the mixture into the baking dish. Top with 1-1/2 cups of Colby Jack cheese.

Bake for 40 minutes.

Serve with pita chips, toasted bread or vegetables.

Per Serving (excluding unknown items): 1249 Calories; 96g Fat (67.8% calories from fat); 67g Protein; 35g Carbohydrate; 8g Dietary Fiber; 697mg Cholesterol; 3473mg Sodium. Exchanges: 1/2 Grain(Starch); 8 1/2 Lean Meat; 2 1/2 Vegetable; 15 1/2 Fat.