

Bagna Cauda Dip

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*12 anchovies
8 cloves garlic, minced
3/4 cup olive oil
4 tablespoons butter*

In a pan, cook the anchovies and garlic over very low heat until the anchovies dissolve and the garlic is very soft but not browned, about 10 minutes.

Add the butter and stir until melted.

Serve with crudites.

Per Serving (excluding unknown items): 1975 Calories; 213g Fat (95.3% calories from fat); 16g Protein; 8g Carbohydrate; trace Dietary Fiber; 165mg Cholesterol; 2233mg Sodium. Exchanges: 2 Lean Meat; 1 1/2 Vegetable; 4 1/2 Fat.