

Appetizer

Barbecue Ranch Dip

Southern Living Best Barbecue Recipes - June 2011

Preparation Time: 5 minutes

Chill: 30 minutes

This dip also works well as a condiment for chicken or turkey sandwiches.

1 envelope (1 oz) Ranch dressing mix

1 1/2 cups reduced-fat sour cream

2 tablespoons bottled barbecue sauce

roasted new potatoes

In a bowl, whisk together the Ranch dressing mix, sour cream and barbecue sauce.

Cover and chill for 30 minutes.

Serve with roasted new potatoes.

Yield: 1 1/2 cups

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .