

Beefy Taco Dip

*Faye Parker - Bedford, Nova Scotia
Taste of Home Prize-Winning Recipes*

Servings: 16

*1 package (8 ounces) cream cheese,
softened*

1 cup (8 ounces) sour cream

3/4 cup mayonnaise

1 pound ground beef

1 envelope taco seasoning mix

1 can (8 ounces) tomato sauce

*2 cups (8 ounces) cheddar OR taco
cheese, shredded*

4 cups lettuce, shredded

2 medium tomatoes, diced

1 small onion, diced

1 medium green pepper, diced

tortilla chips

In a small mixing bowl, beat the cream cheese, sour cream, and mayonnaise until smooth. Spread on a 12- to 14-inch pizza pan or serving dish. Refrigerate for one hour.

In a saucepan over medium heat, cook the beef until no longer pink. Drain.

Add the taco seasoning and tomato sauce. Cook and stir for 5 minutes. Cool completely. Spread over the cream cheese layer. Refrigerate.

Just before serving, sprinkle with cheese, lettuce, tomatoes, onion, and green pepper.

Serve with chips.

Per Serving (excluding unknown items): 265 Calories; 25g Fat (81.1% calories from fat); 7g Protein; 6g Carbohydrate; 1g Dietary Fiber; 50mg Cholesterol; 370mg Sodium. Exchanges: 1 Lean Meat; 1/2 Vegetable; 0 Non-Fat Milk; 3 1/2 Fat; 0 Other Carbohydrates.