
Blackeyed Pea Dip

Home Cookin - Junior League of Wichita Falls, TX - 1976

Servings: 6

1 package (10 ounce) frozen blackeyed peas
1/4 cup salad oil or bacon drippings
1 tablespoon finely grated onion
salt
pepper
1 can (10 ounce) Rotel tomatoes and green chilies.

Boil the peas in salted water until tender. Drain. Saute' the onion in oil and add the peas to the mixture. Press the peas to break the skins and mix with the seasonings,.

Add the tomatoes and green chilies. Mash again.

Serve with corn chips or Doritos.

Appetizers

Per Serving (excluding unknown items): 37 Calories; trace Fat (4.4% calories from fat); 2g Protein; 7g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 2mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat.