

Cheesy Italian Hoagie Dip

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*1 cup sliced banana
peppers, coarsely chopped
1 package (3 ounce) sun-
dried tomato, Coarsely
chopped
1 carton (8 ounce) cream
cheese
2 packages (5.2 ounce ea)
garlic-herb spreadable
cheese
1/2 cup whole milk
3 tablespoons shredded
Parmesan cheese
1/2 teaspoon dried Italian
seasoning
1 package (8 ounce)
cooked ham, diced
crusty bread, crackers or
chips (for dipping) (optional)*

Chop peppers and tomatoes.

Cut the cream cheese into small cubes. Place in a medium saucepan with the garlic-herb cheese, milk, Parmesan cheese and Italian seasonings. Cook on medium for 4 to 5 minutes, stirring often, or until melted and smooth.

Stir in the ham, peppers and tomatoes. Cook for 2 to 3 minutes, stirring often, until the mixture is hot.

Serve with toasted bread, crackers, or chips for dipping, if desired.

Per Serving (excluding unknown items): 1194 Calories; 103g Fat (77.4% calories from fat); 51g Protein; 17g Carbohydrate; trace Dietary Fiber; 359mg Cholesterol; 2778mg Sodium. Exchanges: 0 Grain(Starch); 7 Lean Meat; 1/2 Non-Fat Milk; 16 1/2 Fat.