

# Chicken Parmesan Dip

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## **Servings: 24**

*1 can (12.5 ounce) premium white chicken breast in water, drained*  
*1/2 cup Italian seasoned bread crumbs*  
*2 tablespoons grated Parmesan cheese*  
*1 package (8 ounce) cream cheese, softened*  
*1 cup traditional Italian sauce*  
*1 cup (4 ounces) shredded mozzarella cheese*  
*2 packages (6 ounce ea) hard bread sticks*

## **Preparation Time: 15 minutes**

Preheat the oven to 350 degrees.

In a medium bowl, stir the chicken, bread crumbs and Parmesan.

Spread the cream cheese in the bottom of a nine-inch pie plate. Spread half of the sauce over the cream cheese. Top with the chicken mixture. Drizzle with the remaining sauce. Sprinkle with the mozzarella cheese.

Bake for 20 minutes or until hot and bubbling. Serve with breadsticks for dipping.

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Per Serving (excluding unknown items): 51 Calories; 5g Fat (81.9% calories from fat); 2g Protein; trace Carbohydrate; 0g Dietary Fiber; 15mg Cholesterol; 56mg Sodium. Exchanges: 1/2 Lean Meat; 1 Fat.