

# Chili Con Queso Dip

*Patti Church*

*St Timothy's - Hale Schools - Raleigh, NC - 1976*

*1 can cream of mushroom  
soup  
2 cups grated cheddar or  
longhorn cheese  
1/2 cup milk  
salt (to taste)  
1 can green chilies*

In the top of a double boiler, mix the soup, cheese, milk, salt and green chilies. Cook, stirring frequently, until the mixture is thick enough to serve as a dip. (Add additional cheese, if necessary to thicken.)

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Per Serving (excluding unknown items): 204 Calories; 13g Fat (57.9% calories from fat); 6g Protein; 15g Carbohydrate; trace Dietary Fiber; 19mg Cholesterol; 1092mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Non-Fat Milk; 2 1/2 Fat.