

# Cucumber Dip

Pat Bryan

St Timothy's - Hale Schools - Raleigh, NC - 1976

**Yield: 1 cup**

*1 package (3 ounce) cream  
cheese, softened*

*1 1/2 tablespoons chopped  
cucumber, grated*

*dash Worcestershire sauce  
salt (to taste)*

*garlic salt (to taste)*

*2 tablespoons mayonnaise*

*1 tablespoon onion, grated*

Chop the cucumber and onion.

In the bowl of a blender, combine the cream  
cheese, cucumber, Worcestershire, salt, celery  
salt, mayonnaise and onion.

Pulse until a smooth mixture is formed.

Refrigerate until serving.

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Per Serving (excluding unknown  
items): 1012 Calories; 104g Fat  
(90.3% calories from fat); 18g  
Protein; 7g Carbohydrate; trace  
Dietary Fiber; 264mg Cholesterol;  
842mg Sodium. Exchanges: 2 1/2  
Lean Meat; 0 Vegetable; 17 Fat.