

Devil's Dip

Most Loved Appetizers
Company's Coming Publishing Limited

Yield: 4 cups

8 ounces cream cheese, softened
1 cup sour cream
1 can (10-1/2 ounce) jalapeno bean dip
10 drops hot pepper sauce
3 tablespoons dried chives
2 teaspoons parsley flakes
1 teaspoon chili powder
1 1/2 cups Monterey Jack cheese, grated
1 1/2 cups medium Cheddar cheese, grated
sprinkle chili powder
pickled jalapeno pepper slices (for garnish)

Preheat the oven to 350 degrees.

In a medium bowl, place the cream cheese, sour cream, jalapeno bean dip, hot pepper sauce, dried chives and parsley flakes. Mix well. Spread in an ungreased 9x13-inch pan.

Layer the chili powder, Monterey Jack, Cheddar and chili powder over the bean dip mixture.

Bake for 20 to 40 minutes, until crispy.

Garnish with jalapeno pepper slices.

Per Serving (excluding unknown items): 1927 Calories; 179g Fat (82.6% calories from fat); 66g Protein; 19g Carbohydrate; 1g Dietary Fiber; 502mg Cholesterol; 1753mg Sodium. Exchanges: 0 Grain(Starch); 8 1/2 Lean Meat; 1/2 Non-Fat Milk; 31 Fat; 0 Other Carbohydrates.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	1927	Vitamin B6 (mg):	.3mg
% Calories from Fat:	82.6%	Vitamin B12 (mcg):	3.0mcg
% Calories from Carbohydrates:	3.8%	Thiamin B1 (mg):	.1mg
% Calories from Protein:	13.6%	Riboflavin B2 (mg):	1.5mg
Total Fat (g):	179g	Folacin (mcg):	89mcg
Saturated Fat (g):	112g	Niacin (mg):	1mg
Monounsaturated Fat (g):	51g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	6g	Alcohol (kcal):	0
		% Refuse:	0 0%

Cholesterol (mg):	502mg
Carbohydrate (g):	19g
Dietary Fiber (g):	1g
Protein (g):	66g
Sodium (mg):	1753mg
Potassium (mg):	806mg
Calcium (mg):	1726mg
Iron (mg):	5mg
Zinc (mg):	7mg
Vitamin C (mg):	8mg
Vitamin A (i.u.):	7950IU
Vitamin A (r.e.):	2132RE

Food Exchanges

Grain (Starch):	0
Lean Meat:	8 1/2
Vegetable:	0
Fruit:	0
Non-Fat Milk:	1/2
Fat:	31
Other Carbohydrates:	0

Nutrition Facts

Amount Per Serving

Calories 1927 **Calories from Fat:** 1591

% Daily Values*

Total Fat 179g	275%
Saturated Fat 112g	561%
Cholesterol 502mg	167%
Sodium 1753mg	73%
Total Carbohydrates 19g	6%
Dietary Fiber 1g	4%
Protein 66g	
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Vitamin A	159%
Vitamin C	14%
Calcium	173%
Iron	25%

* Percent Daily Values are based on a 2000 calorie diet.