

Green Flag Spinach Artichoke Dip

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Servings: 24

*1/2 cup mayonnaise
1 package (8 ounce) cream cheese,
softened
1 can (18 ounces) creamed spinach
1 can (14 ounces) artichoke hearts,
drained and chopped
1/2 cup Parmesan cheese, grated
1/3 cup onion, chopped
1/8 teaspoon ground red pepper
(cayenne)
1/3 cup seasoned cube stuffing mix,
crushed
1/2 cup pecans, chopped
2 loaves round artisan OR crusty
Italian bread (optional), hollowed out*

Preparation Time: 15 minutes

Cook Time: 20 minutes

Preheat the oven to 400 degrees.

In a large bowl, combine the mayonnaise and cream cheese until smooth. Stir in the spinach, artichoke hearts, cheese, onion and cayenne pepper. Turn the mixture into the bread bowls or a two-quart casserole.

In a medium bowl, combine the stuffing mix with the pecans. Evenly sprinkle the mixture over the spinach mixture.

Bake for 20 minutes or until lightly golden and heated through.

Serve with cubed bread or your favorite dippers.

Per Serving (excluding unknown items): 92 Calories; 9g Fat (87.1% calories from fat); 2g Protein; 1g Carbohydrate; trace Dietary Fiber; 14mg Cholesterol; 89mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 0 Vegetable; 1 1/2 Fat.