

Ham and Cheese on Rye Dip

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*1 (2 tablespoons) shallot,
finely chopped
2 packages (8 ounce)
cream cheese
2 cups cheddar cheese,
shredded
1 cup Swiss cheese,
shredded
8 ounces precooked ham,
diced
3 tablespoons whole grain
mustard
1/2 cup water
1 box (8.5 ounce) rye
crackers*

Chop the shallots. Place the shallots, cream cheese, cheddar cheese, Swiss cheese, ham, mustard and water in a slow cooker.

Cover and cook on HIGH for 50 to 60 minutes, stirring occasionally, until the cheeses are melted and the mixture is smooth.

Place the slow cooker on warm.

Serve the dip hot with the crackers.

Per Serving (excluding unknown items): 2973 Calories; 268g Fat (80.4% calories from fat); 124g Protein; 22g Carbohydrate; 0g Dietary Fiber; 851mg Cholesterol; 3079mg Sodium. Exchanges: 17 Lean Meat; 1/2 Vegetable; 43 Fat.