

Incredible Edible Bean Dip

Marcia Craft - Gillette, WY

Treasure Classics - National LP Gas Association - 1985

Yield: 5 to 10 servings

*1 can (10-1/2 ounce)
jalapeno bean dip
4 to 6 green onions,
chopped
1 can (4 ounce) diced green
chilies
1 pint sour cream
8 ounces cream cheese
1 package taco seasoning
mix
1 cup grated cheddar
cheese*

Preparation Time: 5 minutes

Bake Time: 10 minutes

In a two quart casserole dish, mix together the bean dip, onions, chilies, sour cream, cream cheese and taco seasoning mix.

Top with cheddar cheese.

Bake in the oven at 350 degrees for 20 minutes.

Best when served with tortilla chips.

Per Serving (excluding unknown items): 2354 Calories; 213g Fat (80.6% calories from fat); 63g Protein; 52g Carbohydrate; 4g Dietary Fiber; 572mg Cholesterol; 3957mg Sodium. Exchanges: 6 1/2 Lean Meat; 1 Vegetable; 1 1/2 Non-Fat Milk; 39 Fat; 1 1/2 Other Carbohydrates.