

# Jerry`s Mock Lobster Dip

*Helen Palecki*

*Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)*

*2 cans tiny shrimp (salad),  
minced  
1 package (16 ounce)  
frozen haddock, boiled and  
flaked  
1 stalk celery, minced  
1 onion, minced  
salt (to taste)  
pepper (to taste)  
mayonnaise (to taste)*

In a bowl, combine the shrimp, haddock, celery, onion, salt, pepper and mayonnaise.

Let set for twenty-four hours for the flavors to blend.

Serve on a bland cracker.

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Per Serving (excluding unknown items): 48 Calories; trace Fat (3.8% calories from fat); 2g Protein; 11g Carbohydrate; 3g Dietary Fiber; 0mg Cholesterol; 38mg Sodium. Exchanges: 2 Vegetable.