

Old Glory Dip

communitytable.com
Relish Magazine - July 2016

refried beans
guacamole
salsa
shredded Cheddar cheese
sour cream
sliced black olives
grape tomatoes
tortilla chips

In an 11x7-inch glass dish, layer the refried beans, guacamole, salsa, Cheddar cheese and sour cream.

To create the flag's star field, use a table knife to outline a rectangular box in the upper left side of the sour cream. Fill the box with black olives.

To create the flag's stripes, cut the grape tomatoes in half lengthwise. Arrange them in stripes across the sour cream.

Serve with tortilla chips.

Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	0	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	0.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	0.0%
Carbohydrate (g):	0g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0

