

Peanut Butter Dip III

Publix Aprons

*1 cup low-fat Greek Yogurt
1/2 cup peanut butter
2 tablespoons honey*

In a bowl, combine the yogurt, peanut butter and honey until blended.

Cover and chill until ready to serve.

Serve with apple slices.

Per Serving (excluding unknown items): 894 Calories; 66g Fat (61.6% calories from fat); 33g Protein; 60g Carbohydrate; 8g Dietary Fiber; 0mg Cholesterol; 604mg Sodium. Exchanges: 1 1/2 Grain(Starch); 4 Lean Meat; 11 Fat; 2 1/2 Other Carbohydrates.