

# Peppered Ranch Dip

*Food Network Magazine*

*3/4 cup mayonnaise  
1/3 cup sour cream  
1/3 cup buttermilk  
1 teaspoon coarsely ground pepper  
1/2 teaspoon red pepper flakes  
1/4 teaspoon garlic powder  
1 tablespoon chopped parsley  
1 tablespoon chopped chives  
hot sauce (for seasoning)  
salt (for seasoning)*

In a bowl, whisk the mayonnaise, sour cream, buttermilk, pepper, red pepper flakes and garlic powder.

Stir in the parsley and chives.

Season with hot sauce and salt.

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Per Serving (excluding unknown items): 1388 Calories; 157g Fat (95.4% calories from fat); 7g Protein; 9g Carbohydrate; 1g Dietary Fiber; 94mg Cholesterol; 1067mg Sodium. Exchanges: 0 Grain(Starch); 0 Vegetable; 1/2 Non-Fat Milk; 15 Fat.