

Appetizers

Radical Dip

Winn-Dixie Food Stores

Preparation Time: 15 minutes

1 cup sour cream

1 cup Miracle Whip dressing

1/2 cup bacon bits

1 tablespoon fresh parsley, chopped

1 tablespoon onions, finely chopped

1 teaspoon dill weed

In a bowl, combine the sour cream, salad dressing, bacon bits, parsley, onions and dill weed.

Refrigerate for several hours.

Serve with assorted crackers or cut-up vegetables.

Yield: 2 1/2 cups makes 20 servings

Per Serving (excluding unknown items): 713 Calories; 60g Fat (72.6% calories from fat); 27g Protein; 24g Carbohydrate; 5g Dietary Fiber; 102mg Cholesterol; 1452mg Sodium. Exchanges: 1 Grain(Starch); 2 1/2 Lean Meat; 1/2 Vegetable; 1/2 Non-Fat Milk; 10 1/2 Fat.