
Sallie`s Curry Vegetable Dip

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Party Recipes from the Charleston Junior League - 1993

Servings: 8

This recipe can be served in a hollowed-out red cabbage, set on a platter. Surround with mounds of raw vegetables.

1 carrot, peeled and finely grated

1 small onion, peeled and finely grated

2 tablespoons vinegar

1 cup mayonnaise

1 cup cottage cheese

1 teaspoon salt

1 teaspoon curry powder

Place all of the ingredients in the bowl of a food processor or blender. Process until smooth.

Refrigerate until ready to serve.

Appetizers

Per Serving (excluding unknown items): 233 Calories; 24g Fat (87.1% calories from fat); 4g Protein; 3g Carbohydrate; 1g Dietary Fiber; 12mg Cholesterol; 541mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 1/2 Vegetable; 2 Fat; 0 Other Carbohydrates.