

Appetizers

Season's Best Spinach Dip

Preparation Time: 5 minutes

Start to Finish Time: 15 minutes

1/4 cup margarine

1 package McCormack's Hollandaise Sauce Blend

1/4 cup milk

1 package (10 oz) frozen chopped spinach, thawed and drained

1 jar (4 oz) diced pimientos, drained

1/3 cup grated Parmesan cheese

1 teaspoon Dill weed

1 cup sour cream

In small saucepan, melt butter over medium heat. Stir in sauce blend. Gradually stir in milk.

Cook, stirring constantly, until sauce comes to a boil. Reduce heat and simmer, stirring constantly, one minute or until thickened.

Add spinach, pimientos, cheese and dill weed.

Heat, stirring frequently, until cheese is melted and sauce is well blended. Remove from heat.

Stir in sour cream until smooth.

Serving Ideas: Serve dip in decorative bowl with assorted crackers or in a hollowed-out round bread loaf.

Yield: 3 cups

Per Serving (excluding unknown items): 1170 Calories; 105g Fat (77.9% calories from fat); 34g Protein; 33g Carbohydrate; 14g Dietary Fiber; 131mg Cholesterol; 1517mg Sodium. Exchanges: 1 1/2 Lean Meat; 4 Vegetable; 1 Non-Fat Milk; 19 1/2 Fat.