

Shrimp Dip

Fran Phillips

Local 1155 Women's Committee Cookbook, Alabama

*1 pound cooked shrimp
1 medium onion
1 stalk celery
1/4 bell pepper
2 teaspoons lemon juice
1/2 teaspoon lemon rind
4 or 5 drops Tabasco sauce
salt (to taste)
pepper (to taste)
1/2 cup mayonnaise
1 package (8 ounce) cream
cheese*

In a bowl, mix all of the ingredients.

Chill.

Per Serving (excluding unknown items): 2119 Calories; 179g Fat (74.4% calories from fat); 116g Protein; 23g Carbohydrate; 3g Dietary Fiber; 1178mg Cholesterol; 2631mg Sodium. Exchanges: 15 1/2 Lean Meat; 2 1/2 Vegetable; 0 Fruit; 23 Fat.