

Shrimp Dip VII

Priscilla Perry

Unitarian Universalist Fellowship of Vero Beach, FL 2000

*1 carton (8 ounce) cream
cheese, softened
1/2 pound fresh shrimp,
cooked and chopped
1 1/2 teaspoons sugar
1/3 cup mayonnaise
2 teaspoons ketchup*

In a bowl, mix the ingredients together well.

Per Serving (excluding unknown items): 1605 Calories; 146g Fat (80.2% calories from fat); 64g Protein; 17g Carbohydrate; trace Dietary Fiber; 625mg Cholesterol; 1553mg Sodium. Exchanges: 9 Lean Meat; 20 Fat; 1/2 Other Carbohydrates.