

# Spinach Dip

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Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

*1 package spinach,  
chopped and squeezed  
2 cups mayonnaise  
1/2 cup green onions,  
chopped  
1/2 cup parsley, chopped  
1/2 teaspoon salt  
1/2 teaspoon pepper  
2 tablespoons granulated  
garlic  
1/4 teaspoon garlic  
2 pounds pumpernickle  
round loaf or sandwich loaf*

In a bowl, mix together all of the ingredients. Mix well.

Scoop out the inside of the bread round.

Fill the bread hollow with the spinach mixture.

Use the removed bread for dipping.

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Per Serving (excluding unknown items): 3246 Calories; 375g Fat (96.6% calories from fat); 10g Protein; 20g Carbohydrate; 4g Dietary Fiber; 154mg Cholesterol; 3620mg Sodium. Exchanges: 1 Grain(Starch); 1 1/2 Vegetable; 31 1/2 Fat.