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# Vegetable Dip III

*Joan Reinhold*

*Nettles Island Cooking in Paradise - 2014*

**1 1/2 cups sour cream**

**2 teaspoons dry onion**

**2 teaspoons Beau Monde seasoning**

**1 cup mayonnaise**

**2 teaspoons parsley**

**2 teaspoons dill weed**

In a bowl, mix all of the ingredients. Mix well.

Refrigerate until use.

Serve with cut-up vegetables of all kinds.

## **Appetizers**

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*Per Serving (excluding unknown items): 2322 Calories; 259g Fat (95.1% calories from fat); 14g Protein; 16g Carbohydrate; trace Dietary Fiber; 230mg Cholesterol; 1440mg Sodium. Exchanges: 1/2 Vegetable; 1 Non-Fat Milk; 30 1/2 Fat.*