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# Beef and Artichoke Roll-Ups

*Sara Thackston Shelnett*

*Party Recipes from the Charleston Junior League - 1993*

**4 slices bacon, cooked and crumbled**  
**1 can (14 ounces) artichoke hearts, drained and chopped**  
**1 cup grated Cheddar cheese**  
**3 tablespoons mayonnaise**  
**garlic powder (to taste)**  
**1 pound sliced rare roast beef**  
**toothpicks**

Place the bacon, artichoke hearts, cheese, mayonnaise and garlic powder in the bowl of a food processor. Process until the mixture is a creamy paste (add more mayonnaise if necessary).

Cut the roast beef slices into two-inch strips. Spread each strip with approximately one tablespoon of the artichoke mixture. Roll up.

Secure each with a toothpick.

Yield: 48 roll-ups

## **Appetizers**

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*Per Serving (excluding unknown items): 940 Calories; 85g Fat (79.2% calories from fat); 39g Protein; 11g Carbohydrate; 5g Dietary Fiber; 155mg Cholesterol; 1422mg Sodium. Exchanges: 5 Lean Meat; 1 1/2 Vegetable; 10 Fat.*