

Cream Cheese Foldovers

Gina Siraco

"Culinary Creations and Wonders" - The St. Lucie Council of Catholic Women, Port St. Lucie FL

2 cups flour
1 cup margarine
1 jar (5 ounce) strawberry jelly
1/2 teaspoon salt
8 ounces cream cheese
confectioner's sugar

Preheat the oven to 375 degrees.

In a bowl, mix the flour and salt.

In another bowl, blend the margarine and cream cheese. Add the flour and salt and mix together. Chill for several hours.

Roll out the dough to 1/4-inch thickness on a surface floured with confectioner's sugar. Cut into a trapezoid. Spread each section with 1/2 teaspoon of strawberry jelly. Fold the small end over the larger and place on a greased cookie sheet..

Bake for 15 minutes. Do not brown.

Sprinkle with confectioner's sugar.

Per Serving (excluding unknown items): 3377 Calories; 263g Fat (69.7% calories from fat); 45g Protein; 212g Carbohydrate; 7g Dietary Fiber; 249mg Cholesterol; 3880mg Sodium. Exchanges: 12 1/2 Grain(Starch); 2 1/2 Lean Meat; 50 1/2 Fat; 1 Other Carbohydrates.

Desserts

Per Serving Nutritional Analysis

Calories (kcal):	3377	Vitamin B6 (mg):	.2mg
% Calories from Fat:	69.7%	Vitamin B12 (mcg):	1.2mcg
% Calories from Carbohydrates:	25.0%	Thiamin B1 (mg):	2.0mg
% Calories from Protein:	5.3%	Riboflavin B2 (mg):	1.7mg
Total Fat (g):	263g	Folacin (mcg):	98mcg
Saturated Fat (g):	82g	Niacin (mg):	15mg

Monounsaturated Fat (g): 110g
Polyunsaturated Fat (g): 58g
Cholesterol (mg): 249mg
Carbohydrate (g): 212g
Dietary Fiber (g): 7g
Protein (g): 45g
Sodium (mg): 3880mg
Potassium (mg): 646mg
Calcium (mg): 295mg
Iron (mg): 14mg
Zinc (mg): 3mg
Vitamin C (mg): 1mg
Vitamin A (i.u.): 11310IU
Vitamin A (r.e.): 2781 1/2RE

Caffeine (mg): 0mg
Alcohol (kcal): 0
% Refused: n n%

Food Exchanges

Grain (Starch): 12 1/2
Lean Meat: 2 1/2
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 50 1/2
Other Carbohydrates: 1

Nutrition Facts

Amount Per Serving

Calories 3377 **Calories from Fat:** 2355

% Daily Values*

Total Fat 263g	405%
Saturated Fat 82g	409%
Cholesterol 249mg	83%
Sodium 3880mg	162%
Total Carbohydrates 212g	71%
Dietary Fiber 7g	30%
Protein 45g	
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Vitamin A	226%
Vitamin C	1%
Calcium	29%
Iron	80%

* Percent Daily Values are based on a 2000 calorie diet.