

Pepperoni Pizza Dip

*Best Slow Cooker Recipes
Pillsbury Classic Cookbooks #370*

Servings: 32

*1 jar (14 ounce) pizza sauce
1 cup turkey pepperoni, chopped
8 medium (1/2 cup) green onions,
chopped
1/2 cup red bell pepper, chopped
1 can (2-1/2 ounce) sliced ripe olives,
drained
1 cup (4 ounce) shredded mozzarella
cheese
1 package (8 ounce) cream cheese, cut
into cubes
broccoli florets
cherry tomatoes
carrot sticks*

Preparation Time: 20 minutes

Spray a one-1/2-quart slow cooker with cooking spray.

In the slow cooker, mix the pizza sauce, pepperoni, onions, bell pepper and olives.

Cover and cook on LOW heat setting for three to four hours.

Add the mozzarella cheese and cream cheese to the dip. Stir until melted.

Serve with the vegetables.

The dip can be held on LOW heat for up to two hours.

Start to Finish Time: 3 hours 20 minutes

Per Serving (excluding unknown items): 32 Calories; 3g Fat (74.3% calories from fat); 1g Protein; 1g Carbohydrate; trace Dietary Fiber; 8mg Cholesterol; 71mg Sodium. Exchanges: 0 Lean Meat; 0 Vegetable; 1/2 Fat.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	32	Vitamin B6 (mg):	trace
% Calories from Fat:	74.3%	Vitamin B12 (mcg):	trace
% Calories from Carbohydrates:	16.7%	Thiamin B1 (mg):	trace
% Calories from Protein:	9.0%	Riboflavin B2 (mg):	trace
Total Fat (g):	3g	Folacin (mcg):	5mcg
Saturated Fat (g):	2g	Niacin (mg):	trace

Monounsaturated Fat (g): 1g
Polyunsaturated Fat (g): trace
Cholesterol (mg): 8mg
Carbohydrate (g): 1g
Dietary Fiber (g): trace
Protein (g): 1g
Sodium (mg): 71mg
Potassium (mg): 56mg
Calcium (mg): 10mg
Iron (mg): trace
Zinc (mg): trace
Vitamin C (mg): 6mg
Vitamin A (i.u.): 325IU
Vitamin A (r.e.): 53 1/2RE

Caffeine (mg): 0mg
Alcohol (kcal): 0
% Refused: n n%

Food Exchanges

Grain (Starch): 0
Lean Meat: 0
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 1/2
Other Carbohydrates: 0

Nutrition Facts

Servings per Recipe: 32

Amount Per Serving

Calories 32 **Calories from Fat:** 24

% Daily Values*

Total Fat	3g		4%
	Saturated Fat	2g	8%
Cholesterol	8mg		3%
Sodium	71mg		3%
Total Carbohydrates	1g		0%
	Dietary Fiber	trace	1%
Protein	1g		

Vitamin A			7%
Vitamin C			10%
Calcium			1%
Iron			1%

* Percent Daily Values are based on a 2000 calorie diet.