

Pizza Stuffed Mushrooms

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Servings: 16

*16 cremini mushrooms
vegetable oil
salt (to taste)
pepper (to taste)
2 links Italian sausage,
casings removed and
crumbled
1/4 cup breadcrumbs
pizza sauce
shredded mozzarella
cheese
grated parmesan cheese
oregano*

Preheat the oven to 425 degrees.

In a bowl, toss the mushrooms with oil, salt and pepper.

In a bowl, mix the sausage and breadcrumbs. Spoon the sausage mixture into the mushrooms. Place on a baking sheet. Top with pizza sauce and mozzarella.

Bake until golden, about 20 minutes.

Sprinkle with Parmesan cheese and oregano.

Per Serving (excluding unknown items): 49 Calories; 4g Fat (82.6% calories from fat); 2g Protein; trace Carbohydrate; 0g Dietary Fiber; 11mg Cholesterol; 103mg Sodium. Exchanges: 1/2 Lean Meat; 1/2 Fat.