

Sausage in Pastry

Philadelphia Cream Cheese Favorite Recipes (1988)
1988 Kraft Inc.

Yield: 40 appetizers

*1 package (8 ounce) cream cheese,
softened*
1 cup margarine
2 cups flour
*1 pound smoked sausage, cut into
1/2-inch pieces*

Combine the cream cheese and margarine, mixing at medium speed with an electric mixer until well blended. Add the flour. Mix well. Shape into a ball. Chill.

Divide the pastry in half. On a lightly floured surface, roll each pastry half to a 12x15-inch rectangle. Cut into three-inch squares.

Place a sausage piece in the center of each pastry square. Bring the edges together, pressing to seal. Place on a cookie sheet.

Bake at 400 degrees for 20 minutes.

Serve with a hot mustard sauce.

Per Serving (excluding unknown items): 4869 Calories; 403g Fat (74.4% calories from fat); 106g Protein; 205g Carbohydrate; 7g Dietary Fiber; 577mg Cholesterol; 7113mg Sodium. Exchanges: 12 1/2 Grain(Starch); 10 1/2 Lean Meat; 73 1/2 Fat.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	4869	Vitamin B6 (mg):	1.0mg
% Calories from Fat:	74.4%	Vitamin B12 (mcg):	8.0mcg
% Calories from Carbohydrates:	16.9%	Thiamin B1 (mg):	3.1mg
% Calories from Protein:	8.7%	Riboflavin B2 (mg):	2.5mg
Total Fat (g):	403g	Folacin (mcg):	107mcg
Saturated Fat (g):	131g	Niacin (mg):	30mg
Monounsaturated Fat (g):	175g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	73g	Alcohol (kcal):	0

Cholesterol (mg):	577mg
Carbohydrate (g):	205g
Dietary Fiber (g):	7g
Protein (g):	106g
Sodium (mg):	7113mg
Potassium (mg):	1498mg
Calcium (mg):	336mg
Iron (mg):	21mg
Zinc (mg):	13mg
Vitamin C (mg):	87mg
Vitamin A (i.u.):	11381IU
Vitamin A (r.e.):	2803 1/2RE

% Refuse: 0 0%

Food Exchanges

Grain (Starch):	12 1/2
Lean Meat:	10 1/2
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	73 1/2
Other Carbohydrates:	0

Nutrition Facts

Amount Per Serving

Calories 4869 **Calories from Fat:** 3624

% Daily Values*

Total Fat 403g	620%
Saturated Fat 131g	656%
Cholesterol 577mg	192%
Sodium 7113mg	296%
Total Carbohydrates 205g	68%
Dietary Fiber 7g	29%
Protein 106g	
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Vitamin A	228%
Vitamin C	144%
Calcium	34%
Iron	116%

* Percent Daily Values are based on a 2000 calorie diet.