

Yummy Cheese Balls

Paula Macri - Gattuso's Bella Cochina
Publix Liquors

1 1/2 cups flour
1/2 pound sharp Cheddar cheese,
grated
1/2 cup butter, melted
10 drops Tabasco sauce
dash garlic salt (to taste)
1 jar (10 ounce) stuffed green olives,
drained

In a bowl, mix the flour, cheese, Tabasco and garlic salt. Wrap the mixture around each of the olives forming a small ball.

Place the balls in the freezer until ready to bake.

Preheat the oven to 375 degrees.

Place the cheese balls on an ungreased cookie sheet.

Bake for 15 to 20 minutes.

Per Serving (excluding unknown items): 2410 Calories; 169g Fat (63.0% calories from fat); 77g Protein; 146g Carbohydrate; 5g Dietary Fiber; 486mg Cholesterol; 2354mg Sodium. Exchanges: 9 1/2 Grain(Starch); 8 Lean Meat; 0 Vegetable; 28 1/2 Fat.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	2410	Vitamin B6 (mg):	.2mg
% Calories from Fat:	63.0%	Vitamin B12 (mcg):	2.0mcg
% Calories from Carbohydrates:	24.2%	Thiamin B1 (mg):	1.5mg
% Calories from Protein:	12.7%	Riboflavin B2 (mg):	1.8mg
Total Fat (g):	169g	Folacin (mcg):	93mcg
Saturated Fat (g):	105g	Niacin (mg):	11mg
Monounsaturated Fat (g):	48g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	6g	Alcohol (kcal):	0
Cholesterol (mg):	486mg	% Refuse:	n n%
Carbohydrate (g):	146g	Food Exchanges	
Dietary Fiber (g):	5g	Grain (Starch):	9 1/2

Protein (g): 77g
Sodium (mg): 2354mg
Potassium (mg): 454mg
Calcium (mg): 1693mg
Iron (mg): 10mg
Zinc (mg): 8mg
Vitamin C (mg): 1mg
Vitamin A (i.u.): 5878IU
Vitamin A (r.e.): 1581RE

Lean Meat: 8
Vegetable: 0
Fruit: 0
Non-Fat Milk: 0
Fat: 28 1/2
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 2410 **Calories from Fat:** 1519

% Daily Values*

Total Fat 169g	260%
Saturated Fat 105g	527%
Cholesterol 486mg	162%
Sodium 2354mg	98%
Total Carbohydrates 146g	49%
Dietary Fiber 5g	22%
Protein 77g	
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Vitamin A	118%
Vitamin C	1%
Calcium	169%
Iron	58%

* Percent Daily Values are based on a 2000 calorie diet.