

Cheddar BBQ Spread

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Yield: 1/2 cup

1/2 cup butter or margarine

*1/4 cup reduced-fat cheddar cheese,
shredded*

1 tablespoon barbecue sauce

In a bowl, place the butter or margarine.

Add the cheddar cheese and barbecue sauce.

Mix well.

Refrigerate until use.

Per Serving (excluding unknown items): 825 Calories; 92g Fat (98.4% calories from fat); 1g Protein; 2g Carbohydrate; trace Dietary Fiber; 248mg Cholesterol; 1064mg Sodium. Exchanges: 18 1/2 Fat; 0 Other Carbohydrates.