

Kickin Horseradish Spread and Dip

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Servings: 8

1 cup apple butter

*1/2 cup creamy horseradish
sauce*

In a bowl, mix the apple butter and horseradish well.

(The spread may be covered and refrigerated for up to one week.)

This spicy condiment tastes great with beef and pork sandwiches. It is also the perfect dip for wings, cheese or pretzels.

To make spicier, increase the horseradish to one cup. To make milder, decrease the horseradish to one-quarter cup.

Per Serving (excluding unknown items): 74 Calories; 0g Fat (0.0% calories from fat); trace Protein; 19g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: 1 1/2 Other Carbohydrates.