

# Lemon-Parsley Spread

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**Yield: 1/2 cup**

*1/2 cup butter or margarine  
6 tablespoons parsley, chopped  
1 teaspoon grated lemon peel  
1 teaspoon lemon juice  
1/2 teaspoon garlic, minced*

In a bowl, place the butter or margarine.

Add the parsley, lemon peel, lemon juice and garlic.

Mix well.

Refrigerate until use.

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Per Serving (excluding unknown items): 825 Calories; 92g Fat (98.1% calories from fat); 2g Protein; 2g Carbohydrate; 1g Dietary Fiber; 248mg Cholesterol; 950mg Sodium. Exchanges: 1/2 Vegetable; 0 Fruit; 18 1/2 Fat.