

# Marthas Relish Spread

*Martha Manning Thomas*

*Unitarian Universalist Fellowship of Vero Beach, FL 2000*

*1 jar pepper and onion  
relish (such as Harry and  
David's)  
1 package (8 ounce) cream  
cheese, softened*

In a bowl, blend the relish with the cream  
cheese.

Serve with crackers.

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Per Serving (excluding unknown  
items): 810 Calories; 81g Fat  
(88.5% calories from fat); 18g  
Protein; 6g Carbohydrate; 0g  
Dietary Fiber; 255mg Cholesterol;  
686mg Sodium. Exchanges: 2 1/2  
Lean Meat; 15 Fat.