

# Pineapple Cheese Spread

*Silverdale Chamber Of Commerce Favorite Recipes - 1991*

**Yield: 5 cups**

*2 packages (8 ounce ea)  
cream cheese*

*1 can (8-1/2 ounce) crushed  
pineapple, drained*

*1 cup chopped pecans*

*1/2 cup chopped green  
pepper*

*2 tablespoons chopped  
green onions*

*1 teaspoon seasoned salt*

In a bowl, soften the cheese and mix in the pineapple, pecans, green pepper, onions and salt.

Pack in a crock and refrigerate, or you may roll the mixture into a ball and cover with more pecans.

Serve with crackers.

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Per Serving (excluding unknown items): 2591 Calories; 243g Fat (81.3% calories from fat); 46g Protein; 80g Carbohydrate; 13g Dietary Fiber; 509mg Cholesterol; 2745mg Sodium. Exchanges: 1 1/2 Grain(Starch); 5 1/2 Lean Meat; 1 Vegetable; 2 1/2 Fruit; 45 1/2 Fat; 0 Other Carbohydrates.