

Sherried Spread

*Philadelphia Cream Cheese Favorite Recipes (1988)
1988 Kraft Inc.*

Yield: 1 cup

*1 package (8 ounce) cream cheese,
softened*

1 tablespoon sherry

2 tablespoons chopped pecans

In a bowl, combine the cream cheese and sherry, mixing until well blended.

Stir in the pecans.

Chill.

Serve with party rye or pumpernickel bread slices.

Per Serving (excluding unknown items): 930 Calories; 91g Fat (87.7% calories from fat); 19g Protein; 10g Carbohydrate; 1g Dietary Fiber; 255mg Cholesterol; 687mg Sodium. Exchanges: 0 Grain(Starch); 2 1/2 Lean Meat; 17 Fat.

Appetizers

Per Serving Nutritional Analysis

Calories (kcal):	930	Vitamin B6 (mg):	.1mg
% Calories from Fat:	87.7%	Vitamin B12 (mcg):	1.0mcg
% Calories from Carbohydrates:	4.3%	Thiamin B1 (mg):	.2mg
% Calories from Protein:	8.0%	Riboflavin B2 (mg):	.5mg
Total Fat (g):	91g	Folacin (mcg):	37mcg
Saturated Fat (g):	52g	Niacin (mg):	trace
Monounsaturated Fat (g):	29g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	5g	Alcohol (kcal):	21
Cholesterol (mg):	255mg	% Refuse:	n n%
Carbohydrate (g):	10g	Food Exchanges	
Dietary Fiber (g):	1g	Grain (Starch):	0
Protein (g):	19g	Lean Meat:	2 1/2
Sodium (mg):	687mg	Vegetable:	0
Potassium (mg):	348mg	Fruit:	0

Calcium (mg): 192mg
Iron (mg): 3mg
Zinc (mg): 2mg
Vitamin C (mg): trace
Vitamin A (i.u.): 3330IU
Vitamin A (r.e.): 999 1/2RE

Non-Fat Milk: 0
Fat: 17
Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 930 **Calories from Fat:** 815

% Daily Values*

Total Fat 91g	140%
Saturated Fat 52g	259%
Cholesterol 255mg	85%
Sodium 687mg	29%
Total Carbohydrates 10g	3%
Dietary Fiber 1g	5%
Protein 19g	
Vitamin A	67%
Vitamin C	0%
Calcium	19%
Iron	18%

* Percent Daily Values are based on a 2000 calorie diet.