

Shrimp Spread

Mrs E Scott

St Timothy's - Hale Schools - Raleigh, NC - 1976

*1 package (3 ounce) cream
cheese, softened
2 tablespoons mayonnaise
1 tablespoon catsup
1 teaspoon mustard
1/8 teaspoon garlic powder
1 cup canned shrimp,
drained
1/4 cup finely chopped
celery
1 1/2 teaspoons grated
onion
unsalted crackers (for
serving)*

In the bowl of a blender, mix the cream cheese, mayonnaise, catsup, mustard, garlic powder and shrimp.

Blend until creamy.

Add the celery and onion. Mix well.

Serve.

Per Serving (excluding unknown items): 1188 Calories; 107g Fat (79.6% calories from fat); 48g Protein; 14g Carbohydrate; 1g Dietary Fiber; 486mg Cholesterol; 1325mg Sodium. Exchanges: 0 Grain(Starch); 6 1/2 Lean Meat; 1/2 Vegetable; 17 Fat; 1/2 Other Carbohydrates.