

Vidalia Onion Spread

When Friends Cook

Best of the Best from Minnesota Cookbook

2 Vidalia onions, thinly sliced
1 cup water
1/4 cup white vinegar
1/4 cup sugar
mayonnaise
Ritz crackers

Marinate the onions in a mixture of water, vinegar and sugar for three to four hours. Drain and pat dry.

Finely chop the onions. Mix with the mayonnaise.

Serve on Ritz crackers.

Per Serving (excluding unknown items): 282 Calories; trace Fat (1.0% calories from fat); 2g Protein; 72g Carbohydrate; 4g Dietary Fiber; 0mg Cholesterol; 15mg Sodium. Exchanges: 3 Vegetable; 3 1/2 Other Carbohydrates.