

Beef

Mexican-Style Hash

Better Homes and Gardens All-Time Favorite Recipes

Servings: 4

2 cups cooked beef, chopped
1/3 cup onion, chopped
2 tablespoons shortening
1 1/2 cups raw potato, finely chopped
1 can (12 oz) whole kernel corn, frozen, drained
1 can (10 3/4 oz) condensed tomato soup
1 1/2 teaspoons chili powder

Preheat oven to 350 degrees.

In a 10-inch ovenproof skillet, cook beef and onion until onion is tender, about 5 minutes. Sprinkle with salt and pepper. Add potato, corn, soup and chili powder; stir to combine.

Bake, covered, for 35 to 40 minutes. Makes 4 servings.

Per Serving (excluding unknown items): 361 Calories; 23g Fat (57.5% calories from fat); 21g Protein; 18g Carbohydrate; 2g Dietary Fiber; 68mg Cholesterol; 421mg Sodium. Exchanges: 1 Grain(Starch); 2 1/2 Lean Meat; 0 Vegetable; 3 Fat.