
Easy Beef and Burgundy

Audrey Reifler - New York

North American Potpourri - Autism Directory Service, Inc1993

3 pounds lean beef, cubed

1 package dry onion soup mix

2 cans golden mushroom soup

1 1/2 cups burgundy wine

In a skillet with oil, brown the beef.

Add the soup mix, mushroom soup and burgundy wine. Mix well.

Simmer for three hours.

(Great when served with egg noodles.)

Beef

Per Serving (excluding unknown items): 2901 Calories; 195g Fat (62.0% calories from fat); 269g Protein; 0g Carbohydrate; 0g Dietary Fiber; 831mg Cholesterol; 667mg Sodium. Exchanges: 37 Lean Meat; 15 Fat.