

Tipsey Roast Beef

*Thelma Levinson - Middletown, DE
Treasure Classics - National LP Gas Association - 1985*

Servings: 6

*6 pounds boneless roast
2 tablespoons vegetable oil
1 cup beef stock
cup bourbon
2 tablespoons dry onion
soup mix*

Preparation Time: 10 minutes**Cook Time: 3 hours**

In a pot, brown the roast in oil.

Add the stock, bourbon and onion soup.

Simmer, covered, for three hours on the stove.

Best when served with noodles and lightly cooked carrots.

Per Serving (excluding unknown items): 44 Calories; 5g Fat (97.4% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 354mg Sodium. Exchanges: 1 Fat.