

Brandy Alexander

Pat Lyman

Feasting With Friends - Martin Memorial Auxiliary, Inc - 2011

Servings: 6

1 jigger brandy

2 jiggers Kahlua

1 pint vanilla ice cream

1 cup crushed ice

nutmeg (for topping)

In a blender, mix the brandy, Kahlua, ice cream and ice. Pulse until smooth.

Serve in cocktail glasses.

Top with nutmeg.

Per Serving (excluding unknown items): 164 Calories; 5g Fat (35.4% calories from fat); 2g Protein; 19g Carbohydrate; 0g Dietary Fiber; 19mg Cholesterol; 38mg Sodium. Exchanges: 1 Fat; 1/2 Other Carbohydrates.