

# Champagne Pomegranate Cocktail

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## Servings: 8

4 cups crushed ice  
2 cups pomegranate juice  
1/2 cup ginger ale  
1/4 cup brandy  
1 bottle (750 ml) champagne or sparkling wine  
pomegranate seeds (optional)

In a pitcher, combine the crushed ice, pomegranate juice, ginger ale, brandy and champagne.

Pour about one cup of the pomegranate mixture into each of eight glasses.

Garnish with the pomegranate seeds, if desired.

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Per Serving (excluding unknown items): 57 Calories; trace Fat (1.3% calories from fat); trace Protein; 10g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 12mg Sodium. Exchanges: 1/2 Fruit; 0 Other Carbohydrates.

## Beverages

### Per Serving Nutritional Analysis

Calories (kcal):	57	Vitamin B6 (mg):	.1mg
% Calories from Fat:	1.3%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	95.8%	Thiamin B1 (mg):	trace
% Calories from Protein:	2.9%	Riboflavin B2 (mg):	trace
Total Fat (g):	trace	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	trace
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	17
Cholesterol (mg):	0mg	% Refuse:	n n%
Carbohydrate (g):	10g	<b>Food Exchanges</b>	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	trace	Lean Meat:	0
Sodium (mg):	12mg	Vegetable:	0
Potassium (mg):	127mg	Fruit:	1/2
Calcium (mg):	11mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0

Zinc (mg): trace  
Vitamin C (mg): 0mg  
Vitamin A (i.u.): 0IU  
Vitamin A (r.e.): 0RE

Other Carbohydrates: 0

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## Nutrition Facts

Servings per Recipe: 8

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### Amount Per Serving

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**Calories** 57 Calories from Fat: 1

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**% Daily Values\***

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<b>Total Fat</b>	trace	0%
Saturated Fat	0g	0%
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	12mg	0%
<b>Total Carbohydrates</b>	10g	3%
Dietary Fiber	0g	0%
<b>Protein</b>	trace	

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<b>Vitamin A</b>	0%
<b>Vitamin C</b>	0%
<b>Calcium</b>	1%
<b>Iron</b>	3%

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\* Percent Daily Values are based on a 2000 calorie diet.